









Take a moment to appreciate the diversity that surrounds us. Much like diverse spices and herbs, each individual contributes distinct flavors to enhance our shared experiences. Let's cherish the fact that we are different, savour the variety, and play to our collective strengths as we navigate this year. Be joyful, be helpful, be kind. Diversity is the **spice of life**, and inclusion is the recipe that brings out the best in all of us.













## January

Saffron

1st	Mary, Mother of God – Christian
	Gantan-sai (New Year) – Shinto
	Global Family Day
	New Year's Day/Hogmanay
	Public Holiday – Australia, Canada, France, Ireland, Singapore, South Africa, Spain, UK and US
2nd	Bank Holiday – Scotland
4th	World Braille Day
6th	Epiphany – Christian
	Feast of the Theophany – Orthodox Christian
	Epiphany Holiday - Spain
7th	Baptism of the Lord Jesus – Christian
	Feast of the Nativity – Orthodox Christian
8th	Seijin no hi (Coming of Age Day) – Shinto
14th	Lohri/Maghi – Hindu, Sikh
	Old New Year – Orthodox Christian

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15th	Makar Sankranti – Hindu
	Pongal – Hindu
	Martin Luther King Day
17th	Birthday of Guru Gobind Singh – Sikh
18th	18-25 Week of Prayer for Christian Unity begins – Christian
20th	Timkat – Ethiopian Orthodox Christian
21st	World Religion Day
24th	International Day of Education
25th	Mahayana New Year begins – Buddhist
	Conversion of Saint Paul – Christian
	Thaipusam – Hindu
	Tu BiShvat – Judaism
26th	Australia Day
27th	Holocaust Memorial Day
28th	Data Privacy Day

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## February

Scotch Bonnet

1st	World Hijab Day	13th	Shrove Tu
	Imbolc/Lughnasadh – Pagan	14th	Ash Wedr
	World Interfaith Harmony Week begins (1-7)	•••••	Vasant Pa
	Time to Talk Day	15th	Internatio
2nd	Candlemas – Christian		Parinirva
3rd	Setsubun-sai – Shinto	17th	World Hu
4th	World Cancer Day	18th	Zacchaeu
5th	Bank Holiday - ROI	19th	President
5th	UK Race Equality Week begins (5-11)	20th	World Day
8th	Lailat al Miraj – Islam	21st	Internatio
10th	Chinese New Year - Confucian, Daoist, Buddhist	23rd	Internatio
	Losar – Tibetan New Year	24th	Magha Pu
11th	Autism Sunday	25th	Lailat al B
	International Day of Women and Girls in Science		Triodion <b>b</b>
	World Day of the Sick	26th	Intercalar
12th	Red Hand Day for Child Soldiers	29th	Intercalar

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13th	Shrove Tuesday – Christian
14th	Ash Wednesday – Christian
	Vasant Panchami - Hindu
15th	International Childhood Cancer Day
	Parinirvana Day/Nirvana Day – Buddhist
17th	World Human Spirit Day
18th	Zacchaeus Sunday – Orthodox Christian
19th	Presidents' Day - US
20th	World Day of Social Justice
21st	International Mother Language Day #IMLD
23rd	International STAND UP to Bullying Day
24th	Magha Puja (Sangha Day) – Buddhist
25th	Lailat al Bara'ah – Islam
	Triodion begins – Orthodox Christian
26th	Intercalary Days begin - Baha'i
29th	Intercalary Days end - Baha'i

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## March

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### 2024

### Cinnamon

st	Saint David's Day – Christian	20th
	International Wheelchair Day	21st
	Zero Discrimination Day	
rd	World Hearing Day	
th	International Women's Day	24th
	Maha Shivaratri – Hindu	
Dth	Mothering Sunday	25th
th	Ramadan begins – Islam	26th
2th	Ramakrishna Jayanti - Hindu	
łth	Nanakshahi (New Year) – Sikh	27th
	Universal Mental Health Day	
ōth	International Day to Combat Islamophobia	29th
'th	Saint Patrick's Day - Christian	30th
Bth	Great Lent begins – Orthodox Christian	31st
	Global Recycling Day	
)th	Saint Joseph's Day – Christian	
0th	Norooz - Persian/Zoroastrian, Naw-Rúz -Baha'i	

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20th	Spring Equinox (Ostara)
21st	Int'l Day for the Elimination of Racial Discrimination
	World Down Syndrome Day
	Human Rights Day – South Africa
24th	Palm Sunday - Christian
	Purim – Judaism
25th	Holi – Hindu
26th	Khordad Sal (Birth of Prophet Zarathustra) – Zoroastrian
	Purple Day (Epilepsy)
27th	Hola Mohalla begins - Sikh
	World Autism Acceptance Week (27/3-2/4)
29th	Good Friday – Christian
30th	World Bipolar Day
31st	Easter Sunday - Christian
	International Transgender Day of Visibility
	British Summer Time begins

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st	Easter Monday – Christian	21st
	Family Day – South Africa	22nc
nd	World Autism Awareness Day	
ith	Lailat al-Qadr – Islam	23rd
	International Asexuality Day	
th	World Health Day	
th	International Romani Day	
th	Chaitra Navratri begins – Hindu	24th
	Ugadi New Year - Hindu	25th
0th	Eid al Fitr – Islam	
	Hari Raya Puasa - Singapore	26th
3th	Songkran (Thai New Year) – Buddhist	27th
	Birth of the Khalsa (Vaisakhi) – Sikh	
4th	Tamil New Year	28th
7th	Rama Navami - Hindu	
Oth	First Day of Ridvan - Baha'i	

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Mahavir Jayanti - Jain
Earth Day
Stephen Lawrence Day
Theravada New Year – Buddhist
Saint George's Day – Christian
Hanuman Jayanti – Hindu
Passover - Judaism
Lord's Evening Meal – Jehovah's Witness
Feast of Saint Mark the Evangelist – Christian
Anzac Day - Australia
Lesbian Visibility Day
Lazarus Saturday – Orthodox Christian
Freedom Day – South Africa
Ninth Day of Ridvan - Baha'i
Palm Sunday – Orthodox Christian
World Day for Health & Safety at Work

## May

### Lemon Thyme

st	Labour Day/International Workers' Day - France,	17th	
	Singapore, South Africa and Spain	19th	
lrd	Feast of Saints Philip and James – Christian	20th	١
	Holy Friday – Orthodox Christian		
th	Pascha (Easter) – Orthodox Christian	21st	
ith	Yom HaShoah – Judaism	22nd	
	Bank Holiday – UK & Ireland		١
Sth	UK National Day for Staff Networks	23rd	
	Victory Day - France		 
th	Ascension Day – Christian	26th	
0th	Akshaya Tritiya – Hindu, Jain	20th	
2th	International Nurses Day	2/ui	
3th	Yom HaZikaron – Judaism	28th	
	Mental Health Awareness Week (13-19)		1
4th	Yom Ha'Atzmaut – Judaism	29th	
		30th	(
5th	International Day of Families	31st	1
6th	Global Accessibility Awareness Day		1

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17th	Int'l Day Against Homophobia, Transphobia and Biphobia
19th	Pentecost – Christian
20th	Victoria Day – Canada
	Whit Monday - France
21st	World Day for Cultural Diversity - Dialogue & Development
22nd	International Day for Biological Diversity
	Vesak Holiday - Singapore
23rd	Declaration of the Báb - Baha'i
	Vesak/Visakha Puja – Buddhist
26th	Trinity Sunday – Christian
27th	Memorial Day - US
	Bank Holiday – UK
28th	Ascension of Baha'u'llah - Baha'i
29th	International Day of UN Peacekeepers
30th	Corpus Christi – Christian
31st	Visitation of the Blessed Virgin Mary – Christian
	World No Tobacco Day

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### June

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#### Tumeric

mbat Desertification and Drought

y for Countering Hate Speech

John the Baptist – Christian

t	Global Day of Parents	16th	Neurodiversity Pride Day
th	Int'l Day of Innocent Children Victims of Aggression	17th	World Day to Combat Desertification and
th	Yom Yerushalayim – Judaism		Learning Disability Week (17-23)
	World Environment Day		Youth Day (observed) – South Africa
:h	Sacred Heart of Jesus – Christian	18th	Autistic Pride Day
th	Global Wellness Day		International Day for Countering Hate Sp
th	Race Unity Day	19th	Juneteenth - US
2th	Shavuot – Judaism	20th	Summer Solstice
	World Day against Child Labour		World Refugee Day
ßth	Shavuot – Judaism	21st	World Humanist Day
	Ascension of the Lord – Orthodox Christian	22nd	UK Windrush Day
lth	Hajj - Islam	23rd	Pentecost – Orthodox Christian
ōth	Waqf al Arafa - Islam		International Women in Engineering Day
	World Elder Abuse Awareness Day	28th	Stonewall Riots Anniversary
Sth	Eid al Adha – Islam	24th	Nativity of Saint John the Baptist – Christ
	Father's Day	29th	Feast of Saints Peter and Paul – Christian

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## July

#### Sumac

1st	The Fast of the Holy Apostles – Orthodox Christian
	Canada Day
4th	US Independence Day
5th	Birthday of Guru Hargobind – Sikh
6th	Omnisexual Visibility Day
7th	Al-Hijra/Muharram – New Year – Islam
	Islamic New Year - UAE
9th	Martyrdom of the Báb - Baha'i
11th	World Population Day
12th	Orangemen's Day
	Bank Holiday – Northern Ireland
14th	International Non-Binary People's Day
	Bastille Day - France
15th	World Youth Skills Day

16th	Ashura – Islam
17th	World Day for International Justice
18th	Nelson Mandela International Day
	South Asian Heritage Month begins
21st	Asalha Puja (Dharma Day) – Buddhist
22nd	Feast of Saint Mary Magdalene – Christian
23rd	Birthday of Emperor Haile Selassie – Rastafari
	Birthday of Guru Har Krishan – Sikh
24th	Pioneer Day – Mormonism
25th	Saint James the Great Day – Christian
28th	World Hepatitis Day
30th	World Day against Trafficking Persons

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### August

### Coriander

1st	Lammas – Christian
	Dormition Fast – Orthodox Christian (1-14)
	Lughnasadh/Imbolc – Pagan
	World Breast Feeding Week (1-7)
5th	Bank Holiday – Scotland and ROI
	Civic Holiday - Canada
6th	Feast of Transfiguration of Our Lord – Christian
	Transfiguration of the Lord – Orthodox Christian
9th	International Day of the World's Indigenous Peoples
	National Day – Singapore
	National Women's Day – South Africa
10th	Feast of Saint Lawrence - Christian
12th	International Youth Day
13th	Tish'a B'av – Judaism
15th	Assumption of Blessed Virgin Mary – Christian

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15th	Dormition of the Theotokos – Orthodox Christian
	Assumption of May Holiday – France, Spain
19th	Raksha Bandhan – Hindu
	World Humanitarian Day
22nd	Queenship of Mary – Christian
	International Day Commemorating the Victims of Acts of Violence based on Religion or Belief
23rd	International Day for the Remembrance of the Slave Trade and its Abolition
24th	Feast of Saint Bartholomew the Apostle - Christian
26th	Krishna Janmashtami - Hindu
	Bank Holiday – England, Wales and Northern Ireland
29th	Beheading of Saint John the Baptist – Christian
31st	Paryushana Parvarambha begins - Jain
	International Day for People of African Descent

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## September

2nd	Labor Day – Canada, US	18tł
5th	International Day of Charity	21st
6th	Colour Blind Awareness Day	
7th	Ganesh Chaturthi – Hindu	
	Samvatsari - Jain	22n
8th	Nativity of Virgin Mary – Christian	
	Nativity of the Theotokos – Orthodox Christian	23r
	International Literacy Day	
10th	World Suicide Prevention Day	
14th	Triumph of the Cross – Christian	24t
	Exaltation of the Cross – Orthodox Christian	27tl
15th	Mawlid al-Nabi (Prophet Muhammad's Birthday) - Islam	29t
	International Day of Democracy	
17th	Anant Chaturdashi – Hindu	
	World Patient Safety Day	30t

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18th	International Equal Pay Day
21st	Feast of Saint Matthew - Christian
	International Day of Peace
	World Alzheimer's Day
22nd	Autumn Equinox
	Mabon/Ostara - Pagan
23rd	Bi Visibility Day
	International Day of Sign Languages
	UK National Inclusion Week begins (23-29)
24th	Heritage Day – South Africa
27th	Meskel – Ethiopian Orthodox Christian
29th	Michaelmas – Saint Michael and All Angels – Christian
	World Deaf Day
	World Heart Day
30th	National Day for Truth and Reconciliation - Canada

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### Rosemary

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1st	International Day of Older Persons	14th	Columbu
2nd	Feast of the Guardian Angels – Christian		Thanksg
	International Day of Non-Violence	15th	Internati
3rd	Sharad Navratri begins – Hindu	16th	Internati
	Rosh Hashanah - Judaism	17th	Sukkot b
4th	Saint Francis' Day – Christian		Internati
	Rosh Hashanah - Judaism	18th	Feast of S
5th	World Teachers' Day		World Me
6th	Fast of Gedaliah - Judaism	24th	Shemini
	World Cerebral Palsy Day	25th	Simchat
8th	International Lesbian Day	26th	Intersex
10th	World Homeless Day	27th	British Su
	World Mental Health Day	28th	Feast of S
	World Sight Day	29th	World St
11th	International Day of the Girl Child	31st	All Hallo
12th	Dussehra - Dasara - Hindu		Reforma
	Yom Kippur – Judaism		Deepava

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14th	Columbus Day – US
	Thanksgiving - Canada
15th	International Day of Rural Women
16th	International Pronouns Day
17th	Sukkot begins - Judaism
	International Day for the Eradication of Poverty
18th	Feast of Saint Luke – Christian
	World Menopause Day
24th	Shemini Atzeret – Judaism
25th	Simchat Torah – Judaism
26th	Intersex Awareness Day
27th	British Summer Time ends
28th	Feast of Saints Simon and Jude – Christian
29th	World Stroke Day
31st	All Hallows' Eve – Christian
	Reformation Day – Protestant Christian
	Deepavali Holiday - Singapore

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## November

### Peppercorns

st	All Saints' Day – Christian	151
	Diwali – Deepavali – Hindu, Sikh, Jain	
	Bandi Chhor Divas – Sikh	
nd	Birth of the Báb - Baha'i	16
	All Souls' Day – Christian	
	Anniversary of the Crowning of Haile Selassie – Rastafari	171
rd	Birth of Baha'u'llah - Baha'i	19
th	Intersex Day of Solidarity	20
th	Dedication of the Lateran Basilica – Christian	
Oth	Remembrance Sunday	24
	UK Interfaith Week begins (10-17)	25
lth	Armistice Day	
	Remembrance Day/Veterans Day – Canada and US	27
3th	World Kindness Day	28
4th	World Diabetes Day	30

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15th	Nativity Fast begins – Orthodox Christian
	Birthday of Guru Nanak Dev – Sikh
	International STAND UP to Bullying Day
16th	International Day for Tolerance
	UK Disability History Month begins
17th	International Students' Day
19th	International Men's Day
20th	Transgender Day of Remembrance
	World Children's Day
24th	Feast of Christ the King – Christian
25th	Day of the Covenant - Baha'i
	Int'l Day for the Elimination of Violence against Women
27th	Ascension of Abdu'l-Bahá - Baha'i
28th	US Thanksgiving
30th	Saint Andrew's Day – Christian

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## December

### Chives

1st	Advent Sunday – Christian
	World AIDS Day
2nd	International Day for the Abolition of Slavery
3rd	International Day of Persons with Disabilities
	National Day Holiday - UAE
6th	Constitution Day - Spain
8th	Rohatsu (Bodhi Day) – Buddhist
	Feast of the Immaculate Conception – Christian
10th	Feast of the Immaculate Conception – Christian Human Rights Day
12th	Human Rights Day
12th 16th	Human Rights Day International Universal Health Coverage Day
12th 16th 18th	Human Rights Day International Universal Health Coverage Day Day of Reconciliation – South Africa
12th 16th 18th 20th	Human Rights Day International Universal Health Coverage Day Day of Reconciliation – South Africa International Migrants Day

21st	Yule/Litha - Pagan
24th	Christmas Eve – Christian
25th	Christmas Day – Christian
	Feast of the Nativity – Orthodox Christian
26th	Saint Stephen's Day – Christian
	Chanukah begins – Judaism
	Zarathosht no diso – Zoroastrian
	Boxing Day
	Kwanzaa begins
	Day of Goodwill – South Africa
27th	International Day of Epidemic Preparedness
28th	Holy Innocents – Christian
29th	Feast of the Holy Family – Christian
31st	New Year's Eve/Hogmanay

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